

Recipe for Growth

ALL ARE WELCOME

SEPARATED • DIVORCED • BEREAVED • REMARRIED

Single Again Conference

presented by the

*Catholic Single Again Council
of Baltimore, MD*

Saturday, April 25, 2015

Our Lady of the Fields
Millersville • Maryland • 21108 – 2201

FLASH: Registration fees have been reduced!

www.catholicsingleagaincouncilofbaltimore.com
email: miss02myra@yahoo.com

About the Conference

The Catholic Single Again Council (CSAC) is a volunteer, non-profit organization committed to the spiritual healing of the single again community. Our late mentor, Sister Joannes Clifford was inspired by Father James J Young (co-founder of the North American Conference of Separated and Divorced Catholic) to carry on the mission of healing. Therefore, we encourage those seeking healing to be inspired and take the first step by attending the conference to rebuilding your life.

Agenda

8:30 FELLOWSHIP and REGISTRATION

Continental Breakfast follows registration

9:30 WELCOME and BRIEF HISTORY

Myra Fecteau (conference chair and President CSAC)

INFORMATION and MORNING PRAYER

Jean Matesic, musician

INTRODUCTION of KEYNOTE

9:40 KEYNOTE

Session I

* Break determined by presenter

Keynote continues

11:30 Session II

12:30 Lunch

(provided to pre-registered)

1:30 Session III

2:30 Break

2:45 Session IV

4:00 Mass

Celebrant - Father Joe Breighner

Keynote & Workshop 1

A Rich and Bountiful Meal

Father Leo Patalinghug

A pleasing atmosphere along with the understanding that everyone is in need of nourishment, (mind, body and soul), provides the groundwork for people to come together. In loss, we search for ways to reassess what has happened and rebuild a healthy meaning to a new way of life. With Father Leo's guidance, we will have an opportunity to seek personal recipes of growth.

Born in the Philippines and raised in the Baltimore area, Fr. Leo actually developed his love for cooking while attending the

seminary at the North American College in Rome. There, he became friendly with several Italian restaurant owners and would often invite them back to the student kitchen to trade cooking secrets. They would teach him about rigatoni and lasagna; he would show them how to make hamburgers and ribs. Today, he is a skilled cook who still enjoys learning how to make new dishes, and loves the process of preparing a meal as much as he does sharing it with a table full of friends.

Workshop descriptions

NOT HOW I THOUGHT LIFE WOULD BE: SURPRISES IN THE PANTRY

Many of us are in a place we never expected. Where do we start? What do we hold on to — or discard so we can begin fresh? Christopher Gunty shares guidance gained from his journey

*** Christopher Gunty**

BEREAVEMENT: THE SWEET AND BITTER HERBS

While there are no words to express the loss of a loved one, our faith provides hope and healing. This workshop presenter speaks from her personal loss and has made it a professional journey of hope for others. ***** Linda Turner**

STARTING OVER: NEW INGREDIENTS AND MENUS

“Live life better than you ever dreamed.” Starting over can be difficult but it does not have to be. Explore your options and resources. Move forward and be true to your new self. **** Dr. Pat Fosarelli**

ANGER AND FORGIVENESS: SPICY SEASONINGS

Too frequently anger is perceived as something evil and destructive. Brother Loch helps us explore positive ways of dealing with this blessed energy. Special attention will be paid to the relationship between anger and forgiveness..

**** Brother Lughlan Sofield, S.T.**

INGREDIENTS OF A HEALTHY RELATIONSHIP

What does it take to have a good relationship? What hard choices might I have to make? What might I have to give up to be in a relationship? How do I know when I'm ready?

These and other questions will be addressed as we examine self-understanding and skills needed in building healthy relationships. Learn the skills to make healthy decisions and to avoid negative outcomes.

***** Carrie Hansen**

REMARRIAGE AND BLENDING: A BEAUTIFUL MIXED SALAD

What does it take to maintain a good healthy relationship in your second marriage? Carrie Hansen leads this discussion along with several remarried couples who will share their experiences, struggles, issues, and joys.

***** Carrie Hansen and Panel**

PLACES TO VISIT TODAY

- **Information Fair** – Browse the brochures, flyers and newsletters from service groups
- * **Workshops for those newly hurting.**
- ** **Workshops for those beyond the newly hurting**
- *** **Workshops for the longer separated / divorced / bereaved**
- **** **Workshops for all levels**

Presenter Biographies

CHRISTOPHER GUNTY

Christopher Guntz, a Chicago-area native, is associate publisher/editor of *The Catholic Review* and CEO of its parent publishing company, Catholic Review Media.

He has spent his nearly 30 years in Catholic journalism as a writer, photographer, editor, circulation manager and associate publisher, often performing many of these functions at the same time. In July 2009, he came to Baltimore to lead The Cathedral Foundation, one of the largest and most diverse diocesan publishing operations in the country.

Chris has three children and two grandchildren. He was divorced in 2001. His marriage was annulled and he remarried in 2008. His wife, Ann Augheron, is managing editor of the newspaper for the Arlington Catholic Herald in Virginia.

LINDA TURNER

Linda is the Director of children's Bereavement Camps with Hospice of the Chesapeake in Pasadena, MD for over 13 years. She is a graduate of Loyola University, Columbia MD, with a Masters degree in Pastoral counseling, specializing in grief and loss. Linda runs camps for grieving children and facilitates support groups for adults and children. In addition to her professional experience, she is widowed and raises a teenage son.

BRO. LOUGHLAN SOFIELD, S.T.

Brother Loughlan Sofield, S.T., a missionary servant of the Most Holy Trinity has served as Director of the Washington Archdiocesan Consultation and Counseling Center and Assistant Director of the Center for Religion and Psychiatry, Washington, D.C. Bro Loughlan Sofield is the Senior Editor of *Human Development* magazine. He has published numerous articles and co-authored numerous books.

Over the years, through his ministry Bro Loughlan Sofield has shared his congregation's spirituality, that every Catholic is called daily to be a missionary. In recognition of his commitment and dedication to this belief, Brother Loughlan Sofield has received the Gaudium et Spes Award from the National Association of Lay Ministry, which is "presented to those who have evidence to the vision of church articulated in the documents of the Second Vatican Council and who in a special way have advocated and fostered the enhanced role of laity" and the Lumen Gentium Award conferred by the Conference for Pastoral Planning and Council. Trinitymissions.org

CARRIE HANSEN

Carrie is a graduate of the Catholic University of America and is a renowned LCSW-C. Carrie is an individual, couples, family therapist, and workshop presenter. She is certified as an Imago Therapist, conducts workshops in Relationship Enhancement (NRE Faculty member and Director), and leads Stepfamily Programs. Her speciality is teaching skills that promote self awareness, healing, and positive relationships. Carrie is a national speaker and teacher in various diocese. Her dedication to the Single Again ministry was initiated by her work with the late Fr. Vince O'Brien and Fr. James J. Young. She is a recipient of the distinguished James J. Young Award for Ministry.

DR. PAT FOSARELLI

Dr. Pat Fosarelli received her M.D. from the University of Maryland School of Medicine, her M.A. in theology from St. Mary's Seminary & University (Baltimore), and her D.min. from Wesley Theological Seminary (Washington, D.C.). She is currently the Associate Dean of the Ecumenical Institute of Theology of St. Mary's Seminary & University, where she teaches in the practical theology and spirituality departments. Dr. Fosarelli is also on the part-time faculty of the Johns Hopkins School of Medicine (Department of Pediatrics). She has served as a pastoral associate and director of religious education at Corpus Christi Roman Catholic Church (Baltimore). Dr. Fosarelli is the author of 11 books in the medical and theology/ministry and numerous articles in the medical and theological fields. She is a regular book reviewer for the *Journal of the American Medical Association*.

Quick locator for workshops

Use the chart below to help plan your days' journey of growth and understanding.

Room assignments will be posted on the day of the Conference.

WORKSHOP TITLE	PRESENTER	SESSION I	SESSION II	SESSION III
KEYNOTE PRESENTATION AND WORKSHOP I 9:40 - 11:20				
A Rich And Bountiful Meal	Fr. Leo Patalinghug			
MORNING SESSION II 11:30 - 12:25				
Starting Over	Chris Gunty			
Bereavement	Linda Turner			
Healthy Relationships	Carrie Hansen			
AFTERNOON SESSION III 1:30 - 2:30				
Anger and Forgiveness	Brother Loughlan Sofield			
AFTERNOON SESSION IV 2:45 - 3:45				
Starting Over	Pat Fosarelli			
Remarriage	Carrie Hansen and Panel			
MASS AT 4:00 PM WITH FR. JOE BREIGNER				

Lunch (provided to pre-registered) from 12:30 - 1:30 pm

REGISTRATION FORM

We know you will benefit from the time and energy you invest in these workshops.

The Catholic Single Again Council is an all volunteer organization.

A limited number of partial scholarships for this event are available. Please request information from: Myra @ 410-302-0754

RECIPE FOR GROWTH

The Single Again Conference • April 25, 2015

Sponsored by The Catholic Single Again Council of Baltimore, MD

Sign Language interpreter available upon request: Efinn@archbalt.org

Included: Box lunch for registered participants

Please PRINT all information clearly

Name: _____

Address: _____

City: _____ St: _____ 9 digit Zip Code: _____ - _____

e-mail address: _____

[primary] phone # (_____) _____ [alternate #] (_____) _____

Payment method: circle appropriate selection

CASH CHECK VISA MASTER CARD DISCOVER CARD

Make checks payable to: Catholic Single Again Council of Baltimore

Early bird registration (if received by April 16, 2015) \$30. Walk-in registration \$35.

16 digit credit card number: _____ - _____ - _____ - _____

Credit card expiration date: (2 digit month) _____ (4 digit year) _____

Printed name as it appears on credit card: _____

3 digit CVV security code (required for processing): _____

Mail completed registration form, with check or credit card information and signature to:

Catholic Single Again Council of Baltimore

7547 Rain Flower Way, Columbia • Maryland • 21046

Additional information – contact Myra @ 410-302-0754

Directions on web – www.CatholicSingleAgainCouncilofBaltimore.com